

## PROGRAMM MASTERCLASS AERIALS

TIME/ DAY	9.00-13.00	13.30-15.30	16.00-18.00	20.00-22.00
Day of arrival		Arrival and welcome		First session: explanation of project and program, getting to know each other, draw up input and wish list participants.
Day 1	Session by external expert on Physical safety with aerials: awareness of physical preparation/ warming-up and cooling-down.	Exchange participants on curriculums in aerials	Two one-hour practical sessions by participants based on input of participants sent in beforehand.	Free / exchange time
Day 2	Warming-up by Participants ----- Workshop ad lib ----- Cooling-down by Participants	Workshop on social/emotional safety	Workshop on social/emotional safety	Free / exchange time
Day 3	Warming-up by Participants ----- Skill-based work by masterclass-teacher ----- Cooling down by participants	Exchange: working on sub theme Teaching Creativity	Free time/ exchange time ----- Preparation teaching Day 4	Technical safety: Rigging –approaches to risk
Day 4 special program: exchange between participants and visiting starting trainers and teachers	Teaching the visiting trainers: aerial workshops plus information on the PEYC Project.		Free time/ exchange time and cooling down for all participants	Free time/ exchange time for masterclass participants
Day 5	Evaluation	Free time: Exchange aerial technique	Clean-up the space and goodbyes	NOTE: by starting with welcome, getting to know each other etc. the evening before Day 1 a full 5 working days can be established.

